

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	hash brown casserole fresh fruit(s) milk	toast scrambled eggs cottage cheese w/fruit OJ	bagel applesauce milk	whole-grain cereal fresh fruit(s) milk	cinnamon toast yogurt banana OJ	Breakfast Lunch Snack
	chicken breast steamed vegetables rice milk	make-a-pizza vegetable(s) milk	broccoli mac & cheese fresh fruit(s) milk	pot roast potatoes & carrots milk	PB & J fresh vegetable(s) cottage cheese juice	
	cheese & crackers juice	apple wedges w/pb dip milk	THEMED SNACK juice	goldfish crackers juice	fruit jello milk	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 2	mini-pancakes fresh fruit(s) sausage patty milk	cinnamon roll banana milk	e&c english muffin fresh fruit(s) milk	graham crackers banana yogurt smoothie	french toast sticks fresh fruit(s) milk	Breakfast Lunch Snack
	PB & J fresh vegetable(s) cottage cheese juice	make-a-pizza vegetable(s) milk	mini cheeseburgers baked potato strips vegetable(s) milk	fish sticks macaroni & cheese vegetable(s) milk	ravioli garlic toast steamed vegetables milk	
	raisins & carrots milk	animal crackers juice	THEMED SNACK juice	whole-wheat pretzels juice	cheese & crackers juice	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3	breakfast burrito fresh fruit(s) milk	cinnamon toast yogurt banana OJ	toast w/cream cheese applesauce milk	muffin fresh fruit(s) milk	whole-grain cereal fresh fruit(s) milk	Breakfast Lunch Snack
	soup homemade bread orange slices milk	make-a-pizza vegetable(s) milk	lunchmeat sandwich whole-wheat pretzels fresh fruit(s) milk	chicken nuggets bread corn milk	quesadillas fresh fruit(s) corn milk	
	whole-wheat pretzels juice	fresh fruit milk	THEMED SNACK juice	cheese & crackers juice	animal crackers juice	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 4	toast w/jam your-way eggs milk	waffle sticks fresh fruit(s) milk	graham crackers banana yogurt smoothie	toast scrambled eggs cottage cheese w/fruit OJ	toast omelet milk	Breakfast Lunch Snack
	broccoli mac & cheese fresh fruit(s) milk	make-a-pizza vegetable(s) milk	turkey dog baked beans green beans milk	mini bean burritos corn apple wedges milk	PB & J fresh vegetable(s) cottage cheese juice	
	popcorn juice	cheese & crackers juice	THEMED SNACK juice	fruit jello milk	goldfish crackers milk	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 5	muffin fresh fruit(s) milk	waffle sticks fresh fruit(s) milk	cinnamon toast yogurt banana OJ	oatmeal applesauce sausage patty milk	whole-grain cereal fresh fruit(s) milk	Breakfast Lunch Snack
	chicken nuggets bread corn milk	make-a-pizza vegetable(s) milk	grilled cheese sandwich tomato soup vegetable(s) milk	meatloaf mashed potatoes steamed vegetable(s) milk	chicken & veggie stir fry rice jello milk	
	cheese & crackers juice	animal crackers juice	THEMED SNACK milk	whole-wheat pretzels juice	popcorn juice	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 6	french toast sticks fresh fruit(s) milk	toast w/cream cheese applesauce milk	whole-grain cereal fresh fruit(s) milk	graham crackers banana yogurt smoothie	toast w/jam your-way eggs milk	Breakfast Lunch Snack
	quesadillas fresh fruit(s) corn milk	make-a-pizza vegetable(s) milk	herbed pasta chicken breast vegetable(s) milk	PB & J fresh vegetable(s) cottage cheese juice	turkey dog baked beans green beans milk	
	whole-wheat pretzels juice	animal crackers juice	THEMED SNACK juice	raisins & carrots milk	goldfish crackers juice	